

Access to Care: Defining the Medication Access Patient Journey

Matthew K. Pickering, PharmD, RPh Director, Research & Quality Strategies Pharmacy Quality Alliance



Quality Framework of the National Quality Strategy:The Triple Aim and Six Priorities



Better Care



Making care safer by reducing harm caused in the delivery of care.



Ensuring that each person and family are engaged as partners in their care.

Healthy People/
Healthy Communities



Promoting effective communication and coordination of care.



Promoting the most effective prevention and treatment practices for the leading causes of mortality, starting with cardiovascular disease.

Affordable Care



Working with communities to promote wide use of best practices to **enable** healthy living.



Making quality care more affordable for individuals, families, employers, and governments by developing and spreading new health care delivery models.

About the National Quality Strategy. Content last reviewed March 2017. Agency for Healthcare Research and Quality, Rockville, MD. http://www.ahrq.gov/workingforquality/about/index.html













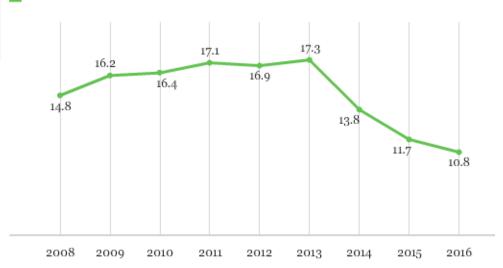






Percentage of U.S. Adults Without Health Insurance

% Uninsured



2016 data reflect Jan. 2-July 31, 2016 Gallup-Healthways Well-Being Index

GALLUP'







Affordability

- Paying for care
- Out-of-pocket costs
- Insurance shortfalls

Timeliness

- Ease of obtaining care
- Making appointments

Exhibit 3. Health System Performance Scores

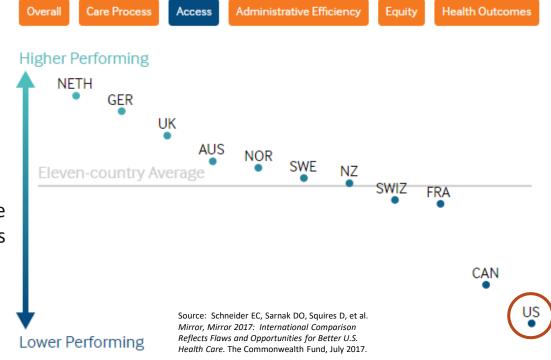




















Exhibit 6. Adults Who Cited Cost as a Reason for Skipping Prescriptions or Doses, 2016

Percent

40



Data: 2016 Commonwealth Fund International Health Policy Survey of Adults in 11 Countries.

























Percent of Nonelderly Adults who did not Receive or Delayed Care in the Past 12 Months by Race/Ethnicity, 2014

■ White ■ Asian ■ Hispanic ■ Black ■ AIAN □ NHOPI



^{*} Indicates statistically significant difference from the White population at the p<0.05 level.

NOTE: AIAN refers to American Indians and Alaska Natives. NHOPI refers to Native Hawaiians and Other Pacific Islanders. Persons of Hispanic origin may be of any race but are categorized as Hispanic for this analysis; other groups are non-Hispanic. Includes nonelderly individuals 18-64 years of age.

SOURCE: Kaiser Family Foundation analysis of CDC, Behavioral Risk Factor Surveillance System, 2014.





















Access to Care Initiative





Review I:

Barriers to medication access

Review II:

Existing access to care performance measures

Review III:

Interventions to improve medication access

Develop a conceptual framework for informing medication access quality measures





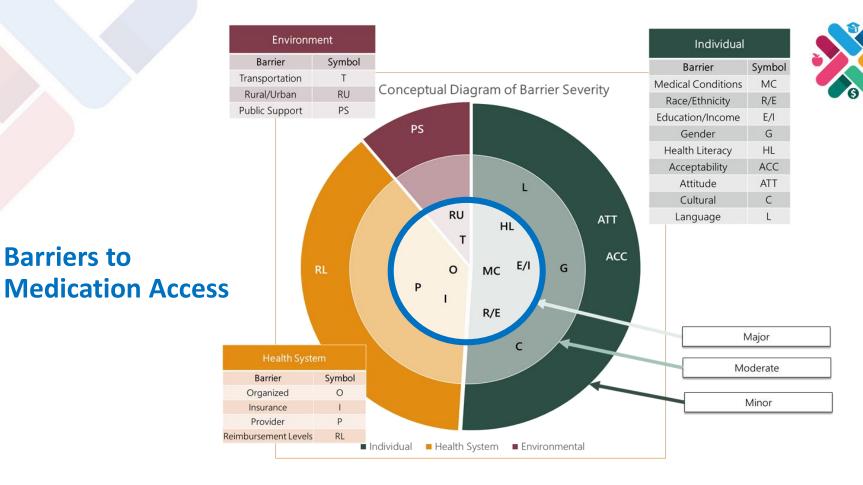














Barriers to

















Measures by Major Barrier Category

Direct Focus on Medication Use



Major Barriers	# of Measures (N=246)
Individual	
Medical Condition	214
Race/Ethnicity	2
Health Literacy	9
Education/Income	0
Health System	
Organization	6
Provider	3
Insurance	7
Environmental	
Transportation	0
Rural/Urban	0













How do we define medication access?



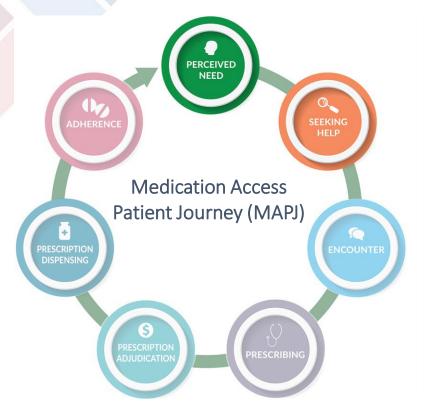












Perceived Need

 Awareness of illness/condition that infers the need to seek care

Seeking Help

- Attempting to schedule an appointment with a medical provider
- Contacting an insurance plan for lists of in-network providers
- Checking insurance coverage for specific disease states and/or treatments







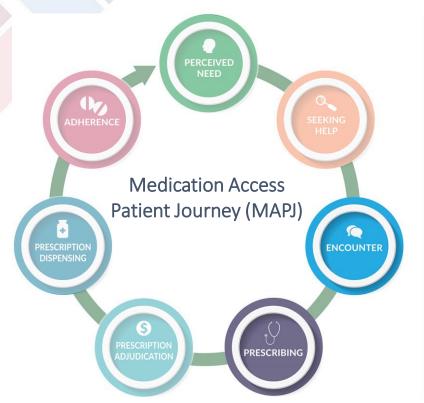












Encounter

- Patient interacts with healthcare provider
- Health concerns are presented for assessment and for possible treatment

Prescribing

A medical provider selects an appropriate medication (if needed) after an assessment (Encounter)







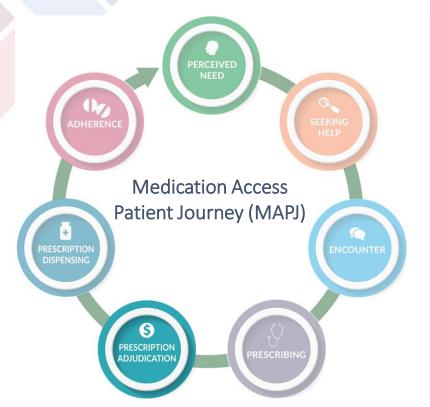












Prescription Adjudication

- Process of paying or denying a submitted prescription insurance claim after comparing to the patient's benefit or coverage requirements
- Medication utilization tools (e.g., prior authorizations and step therapy) may disrupt the timeliness of receiving medication









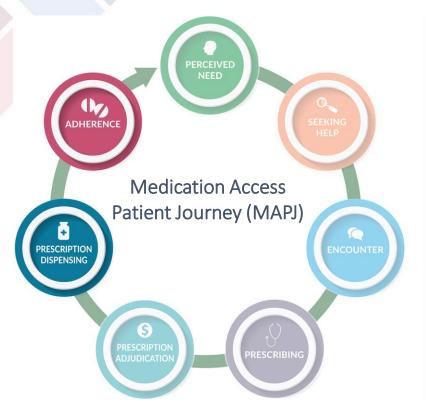












Prescription Dispensing

 Encompasses the point of contact between a patient and the pharmacy that provides the medication

Adherence

 Following a healthcare provider's recommendations to take medication as prescribed















Common Barriers Across the MAPJ





Health Literacy

Patient Attitudes/ and Beliefs

Provider **Competencies** and Beliefs



Cost

Health Literacy

Transportation

Provider **Availability**

Insurance



Health Literacy

Insurance

Language

Provider Competencies and Beliefs



Insurance

Medical **Conditions**

Organizational **Health Literacy**



Provider Health Literacy

Organizational Health Literacy

Insurance

Health Literacy



Cost

Transportation

Patient Attitudes/ and Beliefs

Organizational **Health Literacy**



Health Literacy

Cost

Patient Attitudes/ and Beliefs

















Implications for Quality Measurement

- Measure Gap Identification/Prioritization
- Core Measures for Alignment and Harmonization
- Patient/Community Engagement within Measurement















